



ZONTA
CLUB OF
MELBOURNE'S
EAST INC
MEMBER OF ZONTA INTERNATIONAL
EMPOWERING WOMEN
THROUGH SERVICE & ADVOCACY

ZONTA Matters

Editor: Sylvia Kolarik

Xmas 2016

Area 1 District 23



*President
Di Hillman*

*Di's Diary
Xmas
2016*

As the year draws to a close, I am reminded that for many, Christmas is not a particularly happy season. While we enjoy the festivities and special times with family and friends, many will struggle to make ends meet and so our contributions to those less fortunate are very important.

The Zonta Club of Melbourne's East has had a busy time over the past three months. Our September meeting was a highlight as we presented Nandini Karthikeyan with her District and International certificates for the Young Women in Public Affairs Award. It was a special honour having her parents present as well as several other visitors. Joanne Metzger from Albury Wodonga, Beryl Mc Millan and Jasmine Koch from Melbourne on Yarra, and Jan Burdack and Heather Phillips from Melbourne's South East all supported our club by attending. Joanne outlined the process for selection of candidates and gave us some background into the award. Nandini spoke of her plans for the future and how she has already begun a project in India. Our club will follow her future with great interest and pride.

Glenda, Stevie, Olivia and Emily are to be thanked for their contribution in sewing bags for the African Women's Clinic at the Royal Women's Hospital.

Our Dinner Meetings

Are held on the first Thursday of the month
6.30pm for 7pm

Quality Inn
137 Mountain Hwy
Wantirna
{Possible change in 2017}

Find us

PO Box 223, Glen Waverley 3150
Website: www.zontamelbourneseast.org.au
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ABN 659 629 407
Charter Date 10th October, 1978

hospital. It's great to be a part of this wonderful initiative giving dignity and respect to others. Our Blue Illusion fashion parade in August was a great success and provided funds that will go towards our Birthing Kit Community Assembly event in March 2017. Many thanks to all who helped with supper and purchasing!

In September, our new Area One Director Jasmine Koch held her first Presidents meeting. It was a great opportunity to share information and ideas about our respective clubs and also to hear news from the District Board. Jasmine has a wonderful knowledge about Zonta matters and is keen to help us in any way. We are fortunate to be part of her team. In April, Areas One and Four will have a workshop in Melbourne - more details later!

The following week I attended the Past Presidents Group meeting at Brighton. These meetings provide an opportunity to catch up with the wider Zonta

circle and make plans for the coming year. The Building Better Boards initiative will be limited to a half day next year in an effort to encourage members to attend the District Conference in Geelong.

Our October meeting saw us reconnect with Kristine Olaris, CEO of Women's Health East. Kristine was a panel member at our Community Conversation earlier in the year and we appreciated having her present a more in depth view of the work done by WHE.

Some of us attended the amazing Painted Platter Exhibition held by Melbourne on Yarra in the Collingwood Town Hall. It was a very professional evening and deserving of the outstanding success of the night. Over 65 platters were on display with some fierce and entertaining bidding over particular ones!

Beryl Mc Millan was the guest speaker at our November meeting, outlining the benefits of attending events outside our own club. Beryl is the Conference chairman for the District Conference in 2017 and claims we have no excuse for not attending when it is literally "just down the road"!

I am joining her in encouraging all members of ZCME to make the effort and be there.

This month we are fortunate in having a theatre night at the Unicorn Theatre in Mount Waverley. We are anticipating a good crowd and another chance to sell our Birthing Kit vouchers and promote our club. May I express my sincere thanks to Stevie Robbie, Sylvia Kolarik and her granddaughter Lily, for their efforts at the Rotary markets in Mount Waverley. They sold over \$530 worth of vouchers and will be back there again this month.

After many happy years, we have had to move on from Gateway on Monash for our monthly meetings. Our Christmas function will be held at the Quality Inn in Wantirna and a decision regarding 2017 will be made at our Planning Day in January. This month also sees us manning the Lions Opportunity Shop for the week.

My sincere thanks to all members of Melbourne's East for their commitment to doing all we can to improve the status of women here and overseas. We have achieved much this year and can look .

May the blessings of the Christmas season be with you and your family.

Di



Block Arcade Fellowship

Many thanks to Beverley for organizing our outing to The Block Arcade in August. Although we were only a small group we had a very enjoyable tour with an excellent guide.

She took us into the many secret places behind the façade and adding to our understanding of the history of Melbourne. This was followed by a delicious afternoon tea.

Thankyou Beverley!



Don't forget we need gifts for children at our Xmas party

Fashion Parade

How lucky we were to have the support of **Elle Mcpherson** and **Kate Moss** at our Blue Illusion fashion Parade in September.

We all had great fun and more importantly we raised over \$1,300.00 some of which will go towards our community event at which we will construct more Birthing Kits for women in 3rd world countries.



Young Woman In Public Affairs Award





Di Hillman presented Nandini with her International YWPA.

Nandini thanked Zonta International, District 23 and ZCME for the award. She spoke about what she intended to do with the funding from her Zonta International YWPA award. This includes: support for, and provision of services to remove pediatric cataracts in Southern India; purchasing solar lamps for rural children in Southern India to study, and encouraging the empowerment of women. Nandini's goal is to study medicine, qualifying as an obstetrician spending some of her time working with agencies such as Doctors with Borders.

Congratulations to Robyn Scholes, Dorothy Jenkins and Di Hillman for their outstanding work in finding us such a wonderful candidate.

Our club was very proud indeed to have chosen **Nandini Karthikeyan** To be our YWPA Award recipient.

We were yet even prouder when Nandini was given the District Award.

And as can be imagined we received with great joy the news that Nandini was granted the International award at the International Convention in Nice.

Guest Speaker: Joanne Metzger, Outgoing Chairperson, YWPA. Spoke about the following:

Joanne spoke about Nandini stating that she demonstrated outstanding experience in leadership as reflected in factors such as representing her school in leadership discussions about organ donation at a United Nations Youth Conference in 2015; meeting and participating in discussions with leaders of World Vision; speaking with local dignitaries in Malawi about the betterment of women; and contributing towards the betterment of her local community by tutoring primary and high school indigenous girls in foster care programs. In addition, Joanne referred to Nandini's belief that education is a source of empowerment for women, and her perception that organizations such as ZONTA, empower women. Consequently, education, barriers to the betterment of women's health, and that of their families, are gradually being eroded. Joanne stated that at all levels of the Award process – Club, District and International, it had been agreed that Nandini was an exceptional and outstanding applicant.

Joanne Metzger presented Nandini with her District 23 YWPA Award.

Service and Advocacy

We were very fortunate to have Joanne Metzger, the outgoing Chair YWPA, to speak to our Club members and visitors about the selection process for the YWPA award. All gained a greater insight into the judging process of YWPA. Nandini Kathikeyan, our YWPA recipient, was presented with her District 23 and ZI YWPA certificates and updated us on her current project where she is sourcing solar lamps for girls in rural India. After the euphoria of the last few months we are back to the reality of "What's next?" An outline of our Service and Advocacy expectations for the next few months was presented to the Club at our September meeting and a copy sent to all members. This was accompanied by a timeline to aid in our organization and to keep us "on track". Currently we are in the early stages of our YWPA applicants for 2017. We are delighted that PLC will again be encouraging suitable applicants to apply for the award. Also we are very pleased that Avila College will be putting forward two of their students. Fliers have been sent to many organizations in the area to encourage applications for our Woman of Achievement Award for 2017. At this stage it looks as though we have at least three applicants. If any Club member knows of a woman you think worthy of such an award then please let me know. Our Schools Scholarship will be reactivated early next year. Planning for our Birthing Kit Assembly session in March 21st, 2017 is proceeding well. A venue has been acquired by Di Hillman at the Ashburton Baptist Church.



Sylvia Kolarik and Stevie Robbie are targeting Community markets where so far they have sold \$460 Birthing Kit vouchers. What a mammoth effort particularly in such dreadful weather. This Assembly Session has been set up to encourage friends and others in the community to take part.

Our sewers have been busy making the bags for African women. We are committed to making 50 bags.

One third of our Fundraising from the Bunnings Sausage Sizzle, the Community Raffle and the Blue Illusion Fashion Parade has been sent to ZI Foundation. This amounted to \$921.00.

Robyn Scholes Service and Advocacy Chair

For all the wicked Zonta Women who will read this



Vision Statement

The Zonta Club of Melbourne's East, in line with Zonta International, envisions a world in which women's rights are recognised as human rights and every woman is able to reach her full potential. In such a world, women have access to all resources and are represented in decision-making positions on an equal basis with men.

In such a world no woman lives in fear of violence.

Beverley's Family Recipe's

Mums Plum Pudding



The plum pudding recipe was my Mum's, it tastes just as good as the ones that have to be cooked early. I usually do it on the day before Christmas, Mum did it on the day.

3 cups SR flour
1 & ½ cups brown sugar
½ tsp nutmeg
2 cups boiling water
1 tsp carb soda
2 & ½ cups raisins
2 & ½ cups currents
Grated [peel of a lemon
3 tbspn butter

Put carb soda and boiling water in a saucepan and bring to boil. In separate basin mix all dry ingredients and mix together with saucepan ingredients
Stand overnight and the next day transfer to pudding bowl and steam for 4 hours

Grandma's Cornish Pudding

Here is my Grandma's recipe. Sometimes I put more apples and adjust the rest of the ingredients as required.

Rather nice anyway!

4 apples
3 Tablespoons Sugar
1 cup Sago or Tapioca
1 to 2 cups Milk
Butter
Nutmeg

Peel and slice apples thinly. Mix with other dry ingredients.
Put in greased casserole, pouring over sufficient milk to well cover.
Dot with butter, sprinkle with nutmeg.
Moderate oven – one to one & half hours.

Thank You Beverley

Peridot Theatre Fundraiser

Come and join us for an enjoyable and entertaining evening at the theatre.

Refreshments are provided.

BECKY'S NEW CAR

Directed by Helen Ellis



Have you ever been tempted to flee your own life?

Becky Foster is caught in middle age, middle management and in a middling marriage – with no prospects for change on the horizon. Then one night a socially inept and grief-struck millionaire stumbles into the car dealership where Becky works.

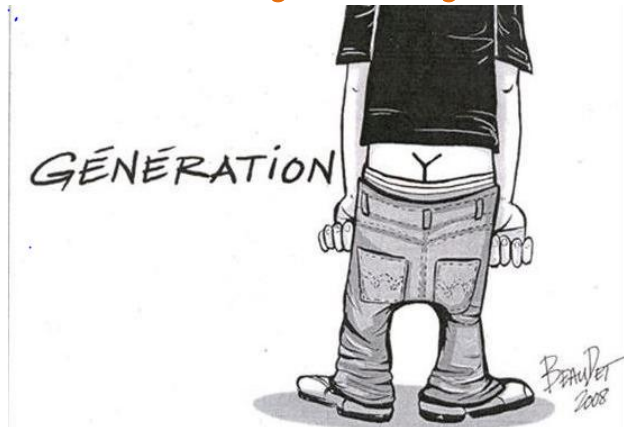
Becky is offered nothing short of a new life and the audience is offered a chance to ride shotgun in a way that most plays would not dare.

A thoroughly original comedy with serious overtones.

Our final fundraiser for the year was held at the Peridot Theatre where we successfully raised approximately \$2,000.00 with our ticket sales and raffles prepared for us by Dorothy Doherty and Olivia Wilkes.

Everyone pulled their weight with the ticket sales and we have done well again with our fundraising.

OOPS! REALLY CHEEKY



The Y Generation

Y should I get a job
Y should I leave home and find my own place
Y should I get a car when I can borrow yours
Y should I clean my room
Y should I wash and iron my own clothes
Y should I buy any food

Upcoming Events

Christmas dinner at Quality Inn -
Thursday 1st December

Amelia Earhart Brunch at Moorabin Airport
Sunday 15th January 2017

Lions Op Shop Mt Waverley
Jan 16th- 20th 2017

Planning Day at 16 Park Lane Mt Waverley
Saturday 21st January 2017

General meeting TBA
Thursday 2nd February 2017

Community Birthing Kit assembly event
at Ashburton Baptist Church
Tuesday 21st March 2017



Happy Birthday

Glenda	18 th January
Debbie	2 nd February
Dorothy D.	4 th February
Margo	5 th February
Stevie	7 th February



MERRY XMAS
FELLOW ZONTIANS