



ZONTA
CLUB OF
MELBOURNE'S
EAST INC
MEMBER OF ZONTA INTERNATIONAL
EMPOWERING WOMEN
THROUGH SERVICE & ADVOCACY

ZONTA *Matters*

Editor: Sylvia Kolarik

Winter Edition August 2017

Area 1



*President
Di Hillman*

*Di's
Diary*

At the AGM in May this year, I entered my third year as President of ZCME. This is both rewarding and humbling and I sincerely thank the club for their ongoing support. We share a great sense of community, cooperation and camaraderie as we seek to expand our horizons and commitment to the ideals of Zonta. Ongoing continuity was seen to be of benefit due to the decline in numbers at that time. With the support of the members I agreed to lead the club for a further twelve months.

The Board working with me for the next year consists of Vice President/Correspondence Secretary - Beverley Manzie, Treasurer – Debbie Ginter, Secretary - Sylvia Kolarik and Director – Robyn Scholes. We were delighted to have our Area One Director Jasmine Koch induct the Board and speak to the membership afterwards. At the time of our AGM, our membership stood at 13 and we felt a reduced Board was the only viable option. My sincere thanks to outgoing Directors Dorothy Doherty and Olivia Wilkes who have both contributed significantly in the areas of Public Relations and Fundraising respectively. The club is grateful that they will continue working in these areas.

Our Dinner Meetings

Are held on the first Thursday of the month
6.30pm for 7pm

Quality Inn
Q Restaurant & Bar
137 Mountain Hwy
Wantirna

Find us

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ABN 659 629 407

Charter Date 10th October, 1978

The last couple of months have been very exciting for ZCME. At the start of the year, the club decided to make Membership its priority and our hard work has paid off. In June and July, three new ladies have been welcomed taking our membership to 16. Our new members are all very committed and keen and I am sure they are going to bring their strengths and talents to our club. You can read about them elsewhere in this newsletter.

At our June meeting, we heard from the Mayor of Monash, Rebecca Patterson. Rebecca is a strong advocate for addressing family violence and was keenly interested to hear about the work being done by Zontians. We are hopeful of displaying the Walk In My Shoes stand either at Council Chambers or in the local libraries.

At the end of June, we were absolutely thrilled to hear that Ishka de Silva, our YWPA club winner, had also

been awarded the honour of being the District 23 recipient. Ishka is an outstanding young woman and will receive her District award from Governor Judy Gorton at the Geelong Conference.

In July, Sarsha Crawley - who is the ZCME Jane M Klausman recipient for 2017 - attended our meeting and spoke about her study and volunteering. Sarsha is about to leave for a twelve-month exchange in the UK so we were keen to present her award before she left. Sarsha received a cheque for \$750 and a ZCME certificate. Members have assured her that we would love to hear updates during her time away. The same evening we heard from Carmel Martin, an Earth Angel with Angel Flight. This is a wonderful organisation that provides free transport for country people coming to Melbourne for medical appointments or treatment. Clients are collected from three airports and taken to various hospitals or medical centres by volunteer Earth Angels.

Eight club members – which is half our membership - are attending the District Conference which is a great effort. We are looking forward to hearing about Zonta's amazing projects, making new friends, and sharing ideas with Zontians across the four states. We will be very proud when our two YWPA members are recognised.

My thanks to all those who contributed to our Annual Report and also to Sylvia Kolarik for her fantastic newsletter efforts. We have exciting things planned for the rest of the year and I thank all members for their dedication and hard work across all areas of our club.

Dí



BIRTHDAYS

Robyn's 70th Birthday Celebration



Sylvia

10th June

Chris

15th June

Robyn

21st July

Libby

2nd August

Beverley

14th September

Dí

30th October





*Ishka
de Silva*

*Young
Women in
Public
Affairs
2017*

Ishka was the 2017 ZCME winner of the Young Women in Public Affairs and also the winner at our district level.

Ishka says that she would first like to express her gratitude for this opportunity and to say that it really is an honour to be recognised by an organisation that does such valuable and needed work around the world. "When I leave school I want to do something that is stimulating and challenging on a personal level, but more importantly, something that allows me to contribute to the world and be a part of the causes that I am passionate about. One of these is health and human rights, advocating especially for those who may be marginalised including women and indigenous populations. When you provide someone with health, you allow them to be in control of their own life and pursue their ambitions, with this lifting whole communities. I aspire to be a part of health policy, health economics and advocating for the right to health, and also closing healthcare gaps and disparities within populations.

Last year I participated in a work experience with the United Nations in Geneva, where I was exposed to bodies including UN Aids, Medicines Sans Frontiers and the International Labour Organisation. It was a really eye-opening experience that also affirmed my passion for human rights. It made clear to me the absolute necessity of international co-operation and thinking within a long term and global framework.

An issue that I am very passionate about is revolutionising the fashion industry. Globalisation has allowed manufacturers to move production to developing nations and this has provided many women with employment. However, the empowerment of these

women has been greatly hindered by poor pay, poor working conditions and extremely low bargaining power.

As a part of my studies, I am writing my Extended Essay on increasing awareness of this reality of fashion, in attempt to increase the demand for Fair Trade fashion. Because the way I see it there are two ways of looking at the issue. We can think that its way too big and complicated because it is globalised and run by large co-operations. Or, we can recognise that as consumers have the power. Fair Trade is a practical way that, all of us, can impact a global issue, simply through what we buy. Simply through what we buy, we can support women in developing nations, giving them skills and allowing them to be in charge of their lives. A quote amongst the eco-fashion industry is that every purchase we make is a vote for the world that we want to live in.

I have elaborated on some aspects of my application, but I have also done work with Ms Anna Burke, the Sri Lankan Women's Community, and have leadership roles within my school as a member of the Student Leadership Team, Aerobics Captain and House Captain.

I once again would like to thank Zonta for this award. The work you do is inspiring and making significant change, so it is a real honour to be associated with you."

Ishka de Silva



Mayor of Monash, **Rebecca Patterson** addressed our June meeting and says that she looks forward to working with us in the future



*Sarsha
Crawley*

*Jane M
Klausman
Award
Winner 2017*

Last week we were delighted to present Sarsha Crawley with her Jane M Klausman award and cheque for \$750.

Sarsha is an exceptional young woman studying Commerce/Arts at Monash University.

Her goal is to contribute viable and sustainable business solutions to create greater opportunities for women from developing countries. She believes that through engaging with socially responsible business models and pursuing sustainable development economics, the burden of sweatshop labour, overrepresented by women, can be lifted and they can pursue the gift of education.

Sarsha is about to embark on a twelve-month exchange program at the University of Warwick in the UK. This will increase her global awareness and provide the opportunity to study business from an International viewpoint.

Sarsha's ZCME nomination has been forwarded to District 23 with our best wishes

ZCME

*Our last Donation to Zonta
International was \$1,000.00*

*An excellent effort for our
small club*

*UPCOMING EVENTS
2017*

Saturday 12th August
Johnston Collection

Friday 1st – Sunday 3rd September
Conference

Friday 15th September
Blue Illusion, Fashion Parade

Tuesday 10th October
BIRTHDAY ZCME

Saturday 14th October
Sausage Sizzle

Sunday 22nd October
Sewing Day

Thursday 16th November
Peridot Theatre

Saturday 25th November
White Ribbon Day

Thursday 7th December
Christmas Dinner

Monday 11 – 15 December
Op Shop

*BEVERLEY'S GRANDMA'S HONEY
TOFFEE*

250 gram sugar
65 gram butter
2 tablespoons honey

Melt honey and butter, add sugar
Boil until set (drop teaspoon full into a glass of water to test).
Pour into small or mini patty
pans.
ENJOY.....

Beverley

Beverley says that she always makes it at Xmas and her family loves it
Also great for fetes and fundraisers

The Johnston Collection Fellowship



Beverley Manzie organised a wonderful day out for us to see the Johnston Collection in East Melbourne. It was a great opportunity for us to meet and chat over coffee about topics outside of our usual Zonta activities. Thank you Beverley you are our treasure.

Woman of Achievement 2017

I am honoured to be the winner of the '2017 Woman of Achievement Award' from Zonta Club of Melbourne's East in recognition for my leadership and community service work with Swinburne Golden Key. On Thursday 2nd March I was invited to speak at Zonta Club of Melbourne's East monthly meeting held at Q Restaurant, Wantirna. President Di Hillman presented me with a \$1,000 cheque to give to my chosen charity Monash Health Foundation.

Justine Hall

Justine Hall



Membership

We have 3 prospective members that have been to 2 meetings and a further 4 that have indicated that they would like to attend the September Meeting. It looks like we may be able to increase the membership over the next few months. We have had many articles in local papers thanks to Dorothy Doherty and that has made a huge difference to increasing Zonta Club of Melbourne's East profile.

Glenda Peck



Heather Anderson and Jane Davies accepting their induction pack and the Zonta Rose at their induction at our July Meeting

Our Featured Member for this Edition Jane Davies

Thank you for the opportunity to introduce myself. I'm Jane Davies, married to Alan and we have two kids - Kate who is 26 and Scott 24 years old. I love skiing with my family and friends; we are members of Icicles Ski Club. Our favourite mountain is Falls Creek.

Since leaving school I've mainly held administrative positions.

Volunteering has been important to me since I had children. I enjoyed volunteering at the early learning centres, at primary school and with Nursing Mothers Association of Australia where I was a breastfeeding counsellor for 12 years. During that time I was group leader, the regional representative and, with a team, organised a weekend rural conference for 400 counsellors. I also worked at the NMAA head office, starting in the retail side and moving to admin, progressing to the position of Board Secretary and Deputy Executive Officer.

I am now working part time with a software development company, but until July 2016 I was Executive Officer for Coeliac Victoria and Tasmania for almost 12 years. As a person with coeliac disease and much passion for the organisation, I was in a great position to put across the person with coeliac disease's point of view. I am really looking forward to bringing my administrative and organisational skills to assist with the supportive programs in Zonta.



Mary Ann Moodley, new member at her induction at our June meeting with president Di Hillman

Breast Care Cushions

I have delivered 20 Breast Care Cushions to Epworth Hospital Box Hill and 20 to Waverley Private. We have plenty of sewn cushions thanks to Elaine and Olivia who has sewn some bags.

If anyone can help out we do need more bags to be sewn to keep up with demand.

Glenda Peck

Service and Advocacy Report

It seems that our YWPA winners go from strength to strength. Our current Club winner, Ishka de Silva, went on to win the District 23 YWPA award for 2017. Ishka, from PLC, is an exemplary example of a young woman who is a leader amongst her peers, has a clear and definite direction of where she wants her life to go and intends to provide help and change for women less fortunate than herself. Both Ishka and Nandini Karthikayan (our winner at Club, District and International level in 2016) will be at District 23 Conference at Geelong in September. Nandini is to give a presentation. Both girls are wonderful ambassadors for Zonta and for our Club.

We also received numerous applications for the Jane M Klausman Women in Business Scholarship. Our ZCME winner Sarsha Crawley attended our General meeting in July and received her Club prize of \$750. Sarsha is studying Arts/Commerce at Monash University and is currently in the UK on exchange to Warwick University. Sarsha is certainly worthy of our award and we wish her all the best for District 23 judging and her future.

We also found Carmel Martin from Angel Flight inspiring and have donated \$500 towards the cause. Angel Flight, (a volunteer organisation) provides a free service to patients to spare them the long drive to hospitals, particularly from rural areas.

In May, we had a small, but efficient, group of us attend a Breast Care cushion sewing day at Beverley Manzie's house. It amazes me how so much can be achieved whilst having a good chat.

In June we ran another successful Birthing Kit Assembly Day at Avila College. 1000 kits were completed and the Avila girls take great ownership of this project. Pam Sloss is to be thanked for her organisation on the pre-Assembly day, which ensures that some of the plastic is folded and the string cut to make the assembly day itself work smoothly. It is such a nice gesture from Avila College that they provide all the Zonta representatives with lunch afterwards.

As an aftermath of our "Community Conversation. Family Violence – Changing Attitudes, Changing Behaviour" which took place last year, we have devised a power point presentation of the event. Our Club has submitted it for consideration for a new District 23 Service and Advocacy Award.

In the month of September and October we can look to forging a new relationship with Glen Waverley Secondary College as we participate in their Active Community Engagement (ACE) programme. As well as the Birthing Kit programme we are going to inform them of the purpose of Zonta and the Z Club program. Should be exciting.

Robyn Scholes, Service and Advocacy Chair

Libby Cartwright 35 Years a Zontian



Libby was a very early member of the ZCME and has been twice president during her long tenure. It was also Libby's 70th Birthday and we wish a very Happy Birthday.

Angel Flights

We were delighted to hear of the work of Angel Flights from Carmel Martin and have sent a cheque for \$500.00 to the organisation.



Avila College Birthing Kit Assembly Day

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A Story from Margot

Jim 92 and Alice 89 have just become engaged, they were walking along the street when they were passing a Pharmacy and Jim said to Alice
I am going into the Pharmacy to ask about something, Alice waited outside
Jim asked the pharmacist if they sold painkillers and blood pressure tablets? The Pharmacist said yes we do. Then he asked if they sold arthritis and rheumatism cream, corn pads, knee braces and chilblain cream? The puzzled pharmacist said yes we have something to help with all those ailments
Jim pressed on and asked if they sold walking sticks, wheelie walkers and wheelchairs?
The Pharmacist said yes we have all sort of walking aids
Good says Jim, you seem to have all we need.
Then Jim asked another question and the busy pharmacist was waiting impatiently for the next question

Do you have a wedding register? as this seems to be a good place for us to have one.

Very naughty Margot but a good one



This 1000 Birthing Kits together with the 1000 that we completed at the Community Birthing Kit assembly night in March means the the ZCME has produced 2000 this year. An outstanding effort for our club.

