



ZONTA
CLUB OF
MELBOURNE'S
EAST INC
MEMBER OF ZONTA INTERNATIONAL
EMPOWERING WOMEN
THROUGH SERVICE & ADVOCACY

ZONTA
Matters

Editor: Sylvia Kolarik

Autumn March 2018

Area 1 District 23



*President
Di Hillman*

*Di's
Diary*

***Fruitful! Great! Enjoyable! Positive!
Rewarding! Productive! Determined!***

These were some of the “one word summaries” of our Planning day on Saturday 20th January. Nine members gathered to reflect on *what has been* and *what could be* as we enter another year of commitment and service to Zonta.

We identified the good things that had taken place in 2017 and those areas that we felt could be improved upon. For many, the highlight of the year was attending the District 23 Conference in Geelong where some of our achievements were publicly recognized.

We delighted in hearing that Ishka de Silva (our YWPA recipient) has been accepted to study a Bachelor of Medical Science and a Doctor of Medicine at Monash University this year.

We celebrated that our fundraising has been very successful and our schools programs were well received.

Our focus for 2017 had been membership and we felt we had achieved much in this area.

We made recommendations for change and agreed to adopt The Clarion as our new “home” for meetings. We discussed ways of celebrating the 40th Birthday of our club later this year.

Our Dinner Meetings

Are held on the first Thursday of the month
6.30pm for 7pm

Clarion Hotel on Canterbury
326 Canterbury Road
(Cnr Springvale Road)
Forest Hill

Find us

PO Box 223, Glen Waverley 3150
Website: www.zontamelbourneseast.org.au
Email: info@zontamelbourneseast.org.au
Facebook; Zonta Club of Melbourne's East

ABN 659 629 407
Charter Date 10th October, 1978

At our February meeting, I challenged members to think about what they had to offer our club this year. Are we going to go on to bigger and better things or are we satisfied with our current program? Members were asked to identify their own strengths and then those of all our members. People went home with a page that hopefully affirmed and validated them, as they read of the strengths that others see in them.

I also challenged members to identify two roles that they could potentially play, that they are not currently doing. I am a firm believer that if we are to grow as a club, we need to grow as members and sometimes this involves change. It will be interesting to see how this all pans out after our May AGM.

We have enormous potential amongst us and I thank you all for your input and commitment.

International Women's Day

We celebrated International Women's day at our March meeting. Elida Brereton was our guest speaker and entertained us with stories from her time in education. She

also gave us her tips for being the best we can be and encouraged us to “have a go” when opportunities presented.

Each member was presented with a yellow rose as we remembered Zonta Rose Day and heard the story behind the rose. Quotes from inspiring women were given out as fridge magnets to remind us that we are all women of value and potential. It was a wonderful night of celebration and fellowship.

Earlier that day, Debbie, Glenda and I had attended the Maroondah IWD breakfast where we heard from four inspiring women in the sporting arena. Robyn attended the IWD dinner at Kyneton the previous evening and reported that it too, was a great night.

Convention.

I am so looking forward to going to Yokohama for the 64th ZI Convention. It will be an amazing opportunity to learn more about Zonta, make new friends and be inspired listening to stories of women who have achieved much across the world. What wonderful news to hear that former Prime Minister of New Zealand will be one of the keynote speakers!

We have much to look forward to this year and once again I sincerely thank all members for their commitment to our Club.

D1



Our 40th Birthday

Sunday 14th October

For High Tea

Save the Date



Our yellow roses were waved with much pleasure
At our International Womens Day Dinner



Elida Brereton, a leading educator and fine story teller being thanked by Debbie Grinter for speaking to us for International Womens Day

SERVICE AND ADVOCACY REPORT MARCH 2018

Robyn Scholes
Chair Service and Advocacy

This time of the year sees our Club concentrate on awards.. Firstly:

In March, we select our **Young Women in Public Affairs** candidate for our Club. Once again we have had excellent candidates presented from PLC and despite efforts from Avila College unfortunately no student put forward an application. Di, Debbie and I considered the applications received and after much deliberation came to a decision. Thus it is with pleasure we announce that Pravini de Silva is the Zonta Club of Melbourne's East YWPA winner for 2018.

Pravini is an International Baccalaureate student in year 12. She aims to go onto university to study Veterinary Medicine. At PLC she has had many leadership roles throughout her school years and is currently the Social Action Captain for her school.

Outside of school time Pravini is a Girl Guide and has achieved her Queen's Guide Award for which she is to be highly commended. Through her Girl Guide work she became the spokesperson for young women at the Youth Policy launch at Parliament House.

Pravini is strongly dedicated to her volunteer work be it for raising funds for youth well being or cancer research. She volunteered her services in Central Australia where she worked with the aboriginal community for four days. Her advocacy work through her role as School Action Captain. In Pravini's own words:

"Education provides knowledge and power for an individual and is the most effective way of breaking the poverty cycle."

Pravini has been invited to attend our April meeting where we will have the opportunity to present her with our YWPA Club award and hear further from her.

Our Club award is \$750.

Her application will be sent on to Zonta District 23 for further judging.

Secondly:

Usually at this time of year we have selected our winner for the Zonta Club of Melbourne's East Woman of Achievement Award. However it was decided at our Planning Day that we would select the applicants from the Community and include her/them in our 40th birthday celebrations. This will take place in October this year.

Thirdly:

Currently we are in discussions with Brentwood Secondary College who have an Aerospace Learning Centre, which enables students to pursue a knowledge and practice of flying. This course is predominantly male based. With our association with Amelia Earhart and knowledge of the Zonta Amelia Earhart scholarship for women studying in the aerospace area we thought it appropriate to foster the education of one young woman at Brentwood SC. The Principal and teachers are very supportive and appreciative of our Club suggesting such assistance.

Last but not least:

Debbie is sending our next third of our recent fundraisers to Zonta International Foundation. Our commitment to our International projects is steady and ongoing. Well done for the amazing amounts we raise! For a small Club we do an incredible amount.

BIRTHDAYS



Glenda 18th January

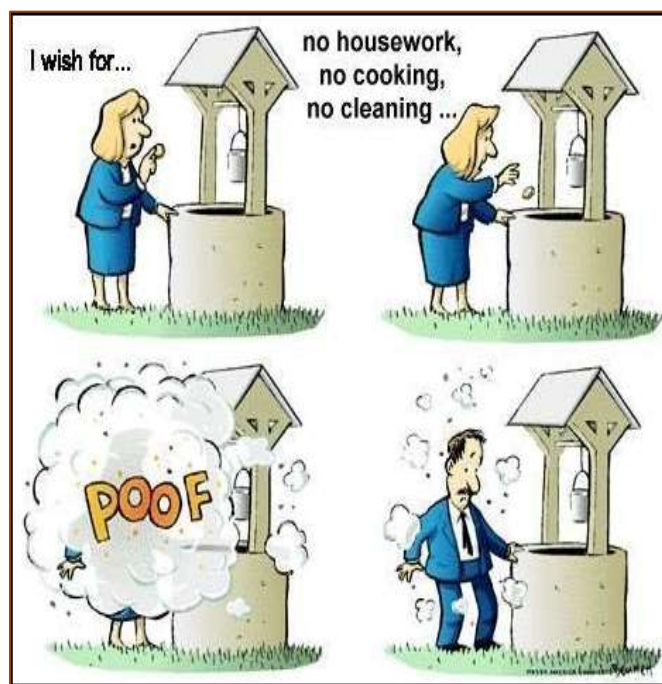
Debbie 2nd February

Dorothy 4th February

Margo 5th February

Pam 3rd April

Olivia 19th April



Membership Report

Planning Day

Was held in January and we were pleased to invite all of our new members along to this important event where we planned for 2018

Members Information Night

April 17 7 – 9pm

This will be an opportunity to bring along prospective members and to more fully inform our new members on what Zonta is all about. Venue will be advised at a meeting

Induction

It was with great pleasure that we inducted Ramona Freeland at our International Women's Day dinner and General Meeting on March 8th



Welcome Ramona

Glenda Peck
Membership Coordinator

Breast Care Cushions

We have had a busy year providing 92 cushions for Waverley, Epworth, Northpark Private and Monash Moorabbin Hospitals, through the breast care nurses. We had a very successful sewing day and members of the club have been sewing when we have had a need for bags for the cushions. I would like to thank everyone who has supported this project and Olivia Wilkes & Beverley Manzie who provided their homes on sewing days.

Glenda Peck
Breast Care Cushion Co-ordinator

UPCOMING EVENTS

Lions Op Shop	April 9 – 13	
New Members Night		
Venue TBC	April 17	7 – 9
Sewing Day		
Olivia's house	April 29	7 – 9
AGM Jasmine Koch	May 3	6.30
Motto Fashion Parade		
Forest Hill	May 10	6 – 8
Sausage Sizzle		
Bunnings	May 19	8 - 4
Convention		
Yokohama	June 28 - July 3	

PRAWN TOAST

100 gm raw prawns, deveined & shelled
1 tspn freshly grated ginger
1 spring (green) onion, chopped
1 tspn gluten free soy sauce
½ tspn gluten free cornflour
1 tspn fresh lemon juice
1 tbsps egg white
freshly ground salt & pepper
4 slices day-old gluten free toast bread, crusts removed
sesame seeds
vegetable oil

Place prawns, ginger, spring onion, soy, cornflour, lemon juice, egg white and seasonings in a processor and whiz up until well combined.

Spread a generous amount of mixture onto one side of bread. Then cut into quarters, press a layer of sesame seeds on top and panfry in a thin layer of hot oil for a minute or so, turning as they turn golden brown. Drain well on kitchen paper towels.

Thank you Jane

Days for Girls

Many of you will remember our 2015 Woman of Achievement Michelle Gates, from the Days for Girls organisation.

Michelle has recently begun a new venture with the opening of premises in Boronia that feature a large workshop for sewing days plus a Zero Waste, Upcycled Wares Shop housing a range of products. I went to the opening on 10th February and was amazed at the hive of activity and the number of happy volunteers.

Here and There Makers is situated at 139 Boronia Rd, Boronia and is certainly worth a visit. There are a variety of ways to help in making hygiene kits or you can support the work by purchasing some of the wonderful items for sale.

Di



Fundraising

We have been fortunate in receiving an additional allocation from the Lions Opportunity Shop in Mount Waverley. We had a week at the beginning of December and then opened our 2018 fundraising calendar with another week in January. These weeks require us to “man” the counter for both morning and afternoon sessions providing us many opportunities to talk about Zonta. We receive approximately one third of the takings

We shall have another week in April which makes this a very profitable source of funds for our various projects.

Coming up in May we have a Fashion Parade at Motto, Forest Hill and a Sausage Sizzle at Notting Hill, Bunnings. We are certainly appreciative of the support of both these companies.

Olivia Wilkes
Fundraising Coordinator



Tuesday 13th March, Beverley, Robyn, Olivia and I attended a Community Recognition Night where we heard about Bunnings' commitment to the local community.

Apart from supporting not-for-profit organisations such as ours with Sausage Sizzles, they support cake stalls, store demonstrations, craft sessions, and community programs. They are also very generous in providing contributions to Fundraising requests.

We met with volunteers from other organisations, shared our best tips and enjoyed a delicious supper.

Our next sausage Sizzle will be at Bunnings, Notting Hill on Saturday 19th May.

Thank you Bunnings for your support!





ZONTA

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INVITATION

New Season Fashion Parade

A night of fun and fashion with



Thursday May 10th 2018

Time 6-8PM

**Forest Hill Chase, Shop 235
270 Canterbury Road Forest Hill
(2nd Floor between Target and JB HiFi)**

Cost \$25.00 pp

Includes Refreshments, Nibbles, Raffle & Door Prizes

Shop for your winter wardrobe, Mother's Day gift or your next holiday!

Contact Beverley – 0412 211 796

RSVP May 7th 2017

Payment to: BSB 063-151 Account No.10007103

Payment reference: Surname, No. of Tickets, Event eg. Smith3Motto

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